

# Bay of Islands-Whangaroa Community Grants Fund Jan-June 2025 Community Grant Funding Project Report Form Application No. BOIWCB028 From Whangaroa Health Services Trust - DRAFT

## Project Report - Community Grant Fund

\* indicates a required field

### Project Report

At the completion of a project that received community funding, recipients are required, as stated in the Community Grant Policy, to submit a Project Report to the Community Board. Project Reports are to be received no later than two months after the completion of the project or if the activity is ongoing, within two months of the funding being spent.

Applicants who fail to provide a project report within the required time will not be considered for future funding.

**Please return the completed form to: [funding@fndc.govt.nz](mailto:funding@fndc.govt.nz) PDF attachment via email is preferred) OR:**

Funding Advisor

Far North District Council Private Bag 752

**KAIKOHE 0440**

#### Name

Whangaroa Health Services Trust

#### Name and Location of Project/Activity

Hillary Sheard

#### Date of Project/Activity

months of June, September and October

#### Which Community Board did you receive funding from?

- Te Hiku
- Kaikohe-Hokianga
- Bay of Islands-Whangaroa

#### Amount received from the Community Board

1548

Must be a number.

#### When was the funding approved?

11/06/2025

Must be a date.

### Please give details of how the money was spent

- Your contribution to the project and the funding you received from the Community Board must be accounted for
- Attach supplier receipts or bank statements to show proof of expenditure of Community Board funds

### Expenditure

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| Supplier/Description              | \$       |
|-----------------------------------|----------|
| Pruning Workshop facilitator fee  | \$275.00 |
| Grafting Workshop facilitator fee | \$275.00 |
| Vegepod                           | \$933.00 |
| Bunnings grafting tape            | \$14.98  |
| Mitre10 growing median            | \$99.40  |
| Bunnings watering cans            | \$45.43  |
|                                   |          |
|                                   |          |

## Project Information

### Give a brief description of the highlights of your project/activity, including number of participants

The Winter Pruning Workshop was held on Sunday 15 June and welcomed 30 community members eager to learn practical skills in pruning apple and pear trees. The workshop was facilitated by Medhi, a knowledgeable expert who provided both theoretical insights and hands-on guidance.

After several weeks of weather-related delays, the second workshop in the Community Funded series was successfully held on Saturday 20 September at the Whangaroa Health Service Teaching Garden. Blessed with stunning sunshine, 14 community members attended to learn about various grafting techniques for trees, shrubs, and vines.

Highlights included having access to a facilitator of Medhi calibre sharing his deep knowledge of tree pruning and grafting, explaining different methods and their applications in an easy-to-understand way. Participants being able to observe live demonstrations on a range of plant types and having the opportunity to practice under the watchful eye of an expert.

Following consultation with residents during the monthly meeting at Kauri Lodge, a collective decision was made regarding the placement of the VegPod and the selection of crops to be grown. Construction commenced shortly thereafter, and with a fortunate break in the weather, planting was initiated with the enthusiastic participation of several residents.

### Describe how your project benefited the community and your evaluation of the project outcomes \*

Both workshops were well-received, with participants expressing appreciation for the hands-on learning and Medhi's approachable teaching style. The events contributed to local food resilience, skill-building, and community empowerment. The sessions emphasized budget-friendly ways to increase tree productivity, inspiring attendees to apply these techniques in their own gardens.

Gardening is a powerful tool for wellbeing. Research shows it can reduce stress and anxiety, improve mood and cognitive function, and support both physical and mental health. This project brings those benefits right to our residents' doorstep with the added luxury of being able to pick a fresh strawberry or two. As a footnote: a local ECE is currently growing vegetables from seed and have reached out after seeing our Facebook posting to donate lettuce seedlings. They have offered to pay a visit with some of their tamariki to help plant the seedlings with the residences.

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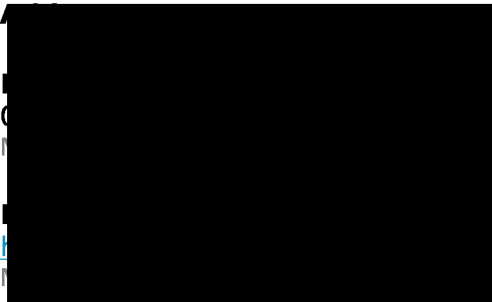
**Please provide details of how you acknowledged the funding you received from the Board (including any photos or marketing collateral) \***

Whangaroa Health Services gratefully acknowledged the generous support of the Community Board, highlighting that the funding made it possible to deliver all aspects of these projects. The Community Boards contribution was prominently recognised through printed promotional materials and social media posts, via the use of displaying their logo and through written acknowledgement. The Community Board support was also formally acknowledged at the conclusion of both workshops and on our Facebook posts after the events.

**If you have a website or Facebook page that we can link to, please provide details**  
Whangaroa Health Services

**This form was completed by (name)**

Hillary Sheard



**Date Form Completed**

02/10/2025

Must be a date.