

# Te Hiku Community Grants Fund 2024-2025

## Local Grant Application Form

Application No. THCB00019 From Youthline Auckland Charitable Trust

Form Submitted 31 Oct 2024, 6:10PM NZDT

### Applicant Details

**\* indicates a required field**

### Instructions

#### Please read carefully:

- Read this application in full before you start filling it in. It is easier to complete an application if you have the information you need at your fingertips.
- Please see Section 1 of the [Community Grant Policy](#) to ensure you are eligible.
- All applications are to be submitted 15 clear working days prior to the Community Board meeting where the application will be considered. Deadline dates are on the Council's website.
- Incomplete, late or non-complying applications will not be considered.
- Applicants who have failed to complete a Project Report for previous funding granted within the last five years are not eligible for funding.
- If there's anything on this form you're not sure of, please contact the Community Development team at freephone 0800 920 029 or [funding@fndc.govt.nz](mailto:funding@fndc.govt.nz) - we're happy to help.

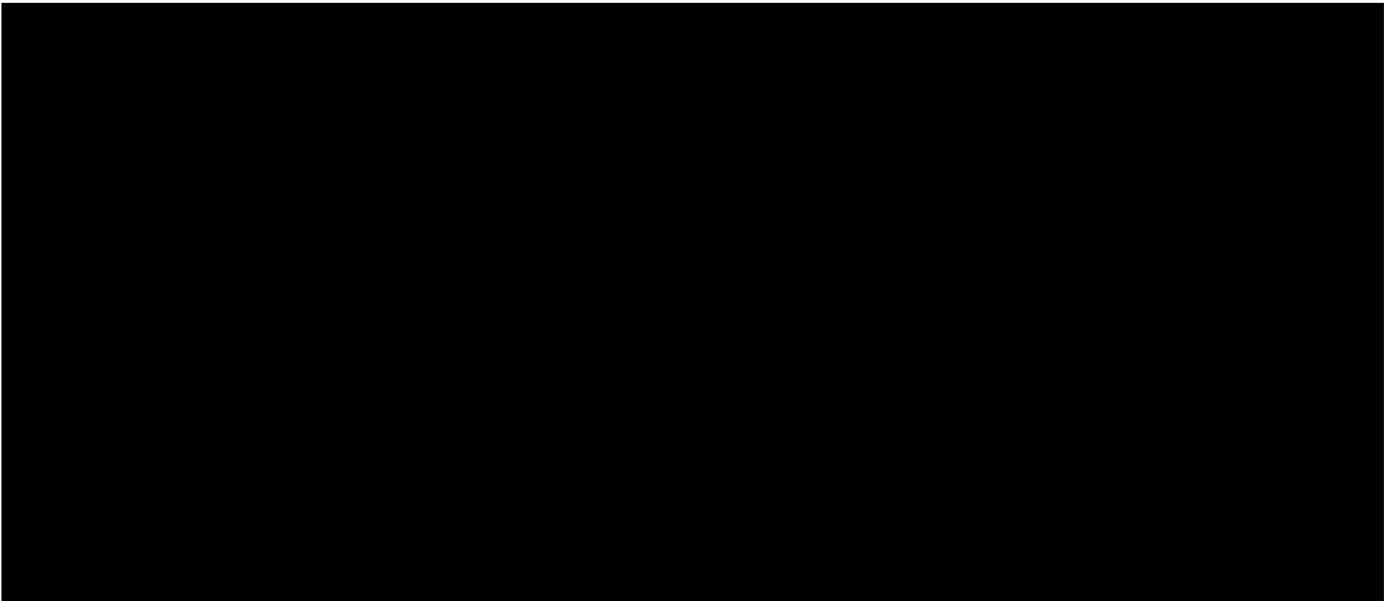
#### The following *must* be submitted along with this application form:

- Two quote for purchases where practicable, **or** evidence of expected purchases
- Business plan (including project costs)
- Details of all other funding secured or pending approval for this project (minimum 50%)
- Programme outline (if applying for operating costs)
- A health and safety plan.

### Applicant details

#### Applicant \*

Youthline Auckland Charitable Trust



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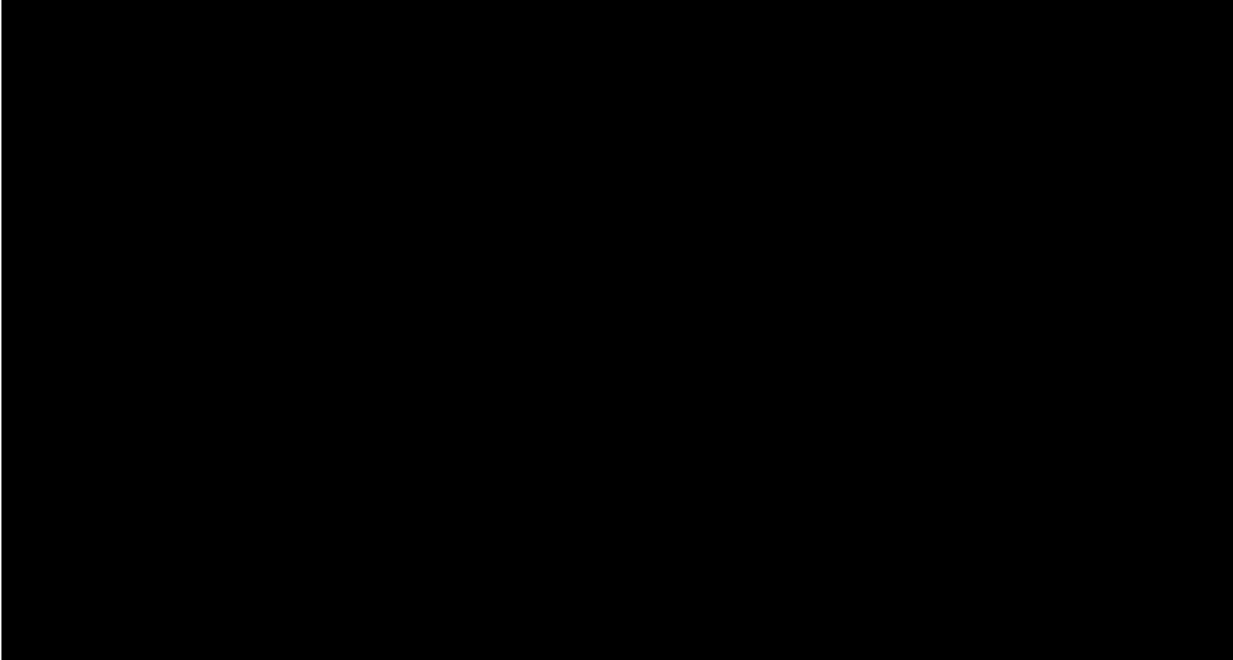
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### Contact details

Contact Person One:

Contact Person Two:



### Purpose of organisation

**Please briefly describe the purpose of the organisation \***

Youthline is a “with youth, for youth” organisation and the first point of contact for many youth accessing mental health and support services across Aotearoa. Our Kaupapa is to strengthen hauora through youth voice and youth choice. Our services include a free 24/7 Helpline, free youth and family counselling, youth mentoring, and volunteer pathways. We also work in collaboration with local schools and community organisations to increase youth engagement in health and support services and facilitate development programmes aimed at empowering youth to achieve their goals and potential.

We ensure that young people know where to get help and can access support when they need it, tailoring our support according to their individual needs covering prevention, early intervention and crisis support. We are here to support all young people including those who are struggling (with their mental health and/or other issues), as well as young people who want to learn, grow and give back to their community.

Youthline is firmly focused on understanding the issues young people are facing and how significant life events, eg Covid 19, weather events and economic uncertainty, impact how youth access support and go about solving their problems; what the future looks like for young people and where Youthline should focus their youth support services.

**Number of Members \***

16078

### Project Details

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\* indicates a required field

### Project Details

Clearly describe the project or event:

**Name of Activity \***

Youthline Helpline Support for Youth

**Location \***

Everywhere, 24/7, 365 days per year

**Will there be a charge for the public to attend or participate in the project or event? \***

Yes

No

### Project dates:

Start Date

End Date:

**Date**

**Date:**

01/03/2025

31/03/2026

Must be a date.

Must be a date.

### Project Outline

**Outline your activity and the services it will provide. Tell us:**

- **Who will benefit from the activity and how; and**
- **How it will broaden the range of activities and experiences available to the community.**

**Project outline: \***

Youthline works inclusively with youth, from those young people who are most vulnerable to youth leaders who are championing change.

In the last 5 years, Youthline has seen an unprecedented increase in the rate of mental distress amongst young people.

Last year we talked to young people across New Zealand about the critical issues they are facing, from social media to the impacts of extreme weather events, and the ongoing impacts of the Covid-19 pandemic. Their insights are captured in our Youthline State of the Generation 2023 Report and they make sobering reading:

Covid-19

Covid-19 had a profound effect on how young people felt about themselves and the world around them. Two years on, the percentage of young people for whom the following issues have started or worsened are: Stress (44%), Anxiety (38%), Economic uncertainty/debt (36%), Loneliness (33%), Schooling/education (33%).

Vaping

This is a key issue for young teens aged 13 - 15 years old. Amongst 16 - 24 year olds,

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vaping is perceived to be more of an issue than other substances such as smoking, alcohol and drugs.

Extreme weather impacts and economic uncertainty

One in four young people surveyed said they had been affected by recent extreme weather events. Of those, two in four reported stress or mental health issues being exacerbated as a result. Young people stressed by extreme weather events are fearful more extreme weather will occur and concerned about the changing climate.

Economic uncertainty is becoming more of an issue for young people, with 10% identifying it as the biggest issue facing young people, compared to just 4% in 2021.

Social media

Nearly half of young people surveyed (49%) viewed social media as a key issue facing their generation, with the greatest concern being its effect on mental health and potential to cause social problems such as bullying and setting unrealistic expectations. The addictive and pervasive nature of social media is also of concern for one in three.

It's clear that mental health remains a key issue for young people, with three in four young people surveyed in our Youthline State of the Generation 2023 report agreeing that mental health is a problem for their generation.

Youthline National Helpline

The free Youthline National Helpline, operated by Youthline Auckland, is at the heart of our mahi and provides crucial support to young people who may be vulnerable, isolated or marginalised. Young people in need who contact us through our Helpline often feel lonely, alone, disengaged and desperate. They often have a reduced sense of belonging to family, school or community.

The National Helpline is a multichannel telehealth service providing access across the whole of New Zealand. This service enables us to be available to approximately 850,000 young people living in New Zealand aged 12-24 years including over 100,000 young people (12%) who are living in rural parts of New Zealand where there is evidence that deprivation and lack of access to support services is felt more acutely.

Providing a unique 24/7 multi-channel service means Youthline can respond immediately to young people with mild to moderate/severe, and imminent risk (suicide and/or abuse), however we are also well placed to provide a continuum of support options through our wraparound services. These include easy access to free counselling (online or in-person) and/or programmes specifically focused on equipping young people with the skills they need to build resilience and achieve positive mental health outcomes. We consider the safety of every young person (or concerned family member) as paramount. Where opportunities for additional supports are identified or issues requiring escalation, Youthline is well positioned to support this process.

Our ability to refer youth within the Youthline service eco system further reduces demand and pressure on specialist services. A Helpline client can seamlessly be referred to our face-to-face counselling service or equally to one of our youth development programmes that are focused on resilience building and prevention.

Helpline Reach

We know that the youth mental health crisis is not showing signs of abating. In FY24 our team of 240 volunteer counsellors and frontline paid staff managed 357,014 contacts via text, phone, email and webchat from 14,725 unique clients, an increase of 38% and 29.6% respectively from FY23. For the year ending March 2025 we are on track to support 16,000 unique clients via our Helpline service.

Providing a free 24 hours per day, 365 days a year, multi-channel service means Youthline

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can respond immediately to young people with mild to moderate/severe, and imminent risk (suicide and/or abuse), however we are also well placed to provide a continuum of support options through our wraparound services. These include easy access to free counselling (online or in-person) and/or programmes specifically focused on equipping young people with the skills they need to build resilience and achieve positive mental health outcomes. We consider the safety of every young person (or concerned family member) as paramount. Where opportunities for additional supports are identified or issues requiring escalation, Youthline is well positioned to support this process.

Our experience has shown us that young people overwhelmingly prefer the anonymity, safety, and ease of using text-based communications especially if they are vulnerable to immediate harm. Text based contacts are nearly double those of phone calls to our Helpline (1800 text-based conversations vs 907 phone calls over the last 2 months) and demand for webchat is increasing all the time (640 contacts over the same period despite being available for only 12 hours a day). These considerations are critical as our Helpline is often the first service where young people disclose extremely challenging life events - including when they are experiencing abuse, and/or feeling suicidal.

To support the increased need in the overnight service, and responsive to youth feedback, Youthline's has plans to take this service to the next level by increasing innovation and scaling up to also offer webchat, Instagram, and WhatsApp Helpline channels. By continuing to innovate through adopting new technologies that drive productivity, utilising new digital channels and by staying informed of youth needs by youth, we can continue to evolve our service to provide flexible and responsive mental health support options for young people where, when and how they want them.

In this digital world, phone, text, email and phone are key means of connecting with young people. So, it makes no difference if the young person is in Houhora and the counsellor is in Auckland or Invercargill. We counsel and refer. We encourage the young person to connect with support in their community. We provide information regarding services available in their town. We work collaboratively with local support agencies in your towns to provide the right sort of care for these vulnerable young people. Often we are the only service a young person in a rural area will have access to that is free, anonymous and accessible on a youth-friendly platform.

With 2,511 15-24 year olds living in the Te Hiku ward (Census 2023), and knowing that 1 in 10 young people reach out to Youthline for support via the Helpline, we estimate that 251 young people in the Te Hiku ward will benefit.

#### Benefits to Rangatahi

Research shows Youthline's strengths include having trained volunteers who can help and with young people supporting other young people. A conversation on the Helpline gives these young people an opportunity to talk through their stressors and issues while exploring their internal and external resources, placing them at the heart of their own solutions and supporting positive decision making towards their own wellbeing. In supporting these young people Youthline is very much committed to promoting healthy, safe, sustainable and active lifestyles.

Via our Helpline service rangatahi are equipped with skills and insights on how to build self-esteem and improve mental-health, how to actively problem-solve, recover from setbacks and build resilience. Through their improved emotional and self-management skills rangatahi are less likely to fall into helplessness, depression, addictive behaviours, dangerous relationships and unemployment. We aim to ensure that the young people we work with have clear pathways from school to work and we aim to engender a sense of belonging to their family, school and the community in which they live.

Young people, via contact with Youthline Helpline volunteers, are provided with support that helps them to

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- Gain increased confidence/self-esteem
- Develop motivation and feel inspired
- Identify their support systems
- Gain insight from looking at situation or emotions in a different way/perspective
- Process feelings and emotions
- Improve relationships
- Feel less isolated and have a sense of belonging
- Set goals and make plans
- Improve their wellbeing
- Build and preserve resilience to respond to future adverse events
- Link in with other agencies through referrals for personalised support
- Contribute positively to their own community

Youth will:

- be connected to themselves, their passions, communities and each other to build their sense of self-esteem, agency and purpose. Holding space for connection, collaboration and community building.
- find a safe place to turn to when they need to, where they feel supported to deal with the hard stuff, to stabilise and reach safety.
- be empowered to believe in themselves and to live a life that they choose as we believe in and recognise their strengths and inspire hope.

Engagement with Youthline is providing young people with a life changing opportunity to access support services to help them cope with life's stresses and connect in a healthy way with peers, friends and family.

The continuation of our Helpline service is critical and we know the community supports the delivery of this Youthline service because young people self-refer, and whānau, teachers, schools and community organisations refer their young people and whanau to us for support.

## Project Cost

**\* indicates a required field**

**Provide a detailed cost estimate for the activity. Funding requested may not exceed 50% of the total cost.**

*Total Cost - provide the **total** amount of the estimated quoted cost against the appropriate item.*

*Amount Requested - provide (against the item) the amount the Board is being requested to contribute.*

**Please Note:**

- You need to provide quotes (or evidence of costs) for everything listed in the total costs column
- If your organisation is GST registered, all requested amounts must be GST exclusive.
- Do not enter cents - round values up or down to the nearest dollar

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- Do not use the dollar sign (\$) - just enter the dollar value
- If you are applying for operating costs of a programme, please attach a programme outline

### Budge

Expenditure	Total Cost	Amount Requested	Quotes
	Must be a dollar amount.	Must be a dollar amount.	
Travel/Mileage	\$0.00	\$0.00	No files have been uploaded
Volunteer Expenses Reimbursement	\$0.00	\$0.00	No files have been uploaded
Other (describe)	\$0.00	\$0.00	No files have been uploaded
Other (describe)	\$0.00	\$0.00	No files have been uploaded
National Helpline Annual Costs	\$15,525.00	\$6,000.00	Filename: Te Hiku FY 25 Budget and Supporting Document.pdf File size: 789.7 kB

### Funding Request Amount

Please enter the total cost of your project (the sum of the items you have listed in the Total Cost column above) and the total amount you are requesting from the Board (the sum of the items you have listed in the Amount Requested column above).

**What is the total cost of your project? \***

\$15,525.00

Must be a dollar amount.

**What is the amount you are requesting from the Board? \***

\$6,000.00

Must be a dollar amount.

### Financial Information

**\* indicates a required field**

#### Financial Information

**If your organisation registered for GST \***

Yes  No

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### GST Number

**GST Number**

087528601

### Current Funding

**How much money does your organisation currently have? \***

\$9,099,061.00

Must be a dollar amount.

**How much of this money is already committed to a specific purpose? \***

\$9,099,061.00

Must be a dollar amount.

### Tagged Funds

List the purpose and the amounts of money already tagged or committed (if any):

Purpose	Amount
Various purposes - refer attached support document	\$9,099,061.00
	\$
	\$
	\$
	\$

### Total Tagged Funds

**Total Expenditure Amount**

\$9,099,061.00

This number/amount is calculated.

### Other Funding

Please list details of all other funding secured or pending approval for this project (minimum 50%)

Funding Source	Amount	Decision
	Must be a dollar amount.	
Foundation North	\$405,000.00	Pending
Various Auckland City Council Boards	\$49,000.00	Pending
NZCT	\$10,000.00	Yes



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	\$	
	\$	

### Previous Funding from FNDC

Have you previously received funding from FNDC?

Yes  No

### Previous Funding from FNDC

Purpose	Amount	Date	Project Report Submitted
	Must be a dollar amount.	Must be a date.	
Helpline Funding - Bay of Islands-Whangaroa	\$3,000.00	15/10/2021	Yes
Helpline Funding - Te Hiku	\$3,000.00	15/10/2021	Yes
Helpline Funding - Kaiakohe-Hokianga	\$3,000.00	15/10/2021	Yes
	\$		

## Last page

\* indicates a required field

### Privacy Information

The information you have provided on this form is required so that your application for funding can be processed. Once this application is lodged with the Council it becomes public information and may be made available on the Council's website. **If there is sensitive information in the proposal of personal details you wish to be withheld, please advise.** These details are collected to inform the general public and community groups about all funding applications which have been submitted to the Far North District Council.

### Applicant Declaration

*This declaration must be signed by two people from your organisation who are 18 years of age or older with the authority to sign on behalf of the organisation. Signatories cannot be an undischarged bankrupt, cannot be immediately related, cannot be partners, and cannot live at the same address. They must have a daytime contact phone number and be contactable during normal business hours.*

**We, the undersigned, declare the following:**

In submitting this application:

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1. We have the authority to commit our organisation to this application and we have been duly authorised by our governing body.
2. We acknowledge and agree that the Far North District Council may disclose or obtain information related to the funding of the organisation from any other government department or agenda, private person, or organisation.
3. We have attached our organisations most recent statement of income and expenditure, annual accounts, or other financial documents that demonstrate its ability to manage a grant.
4. Individuals associated with our organisation will not receive a salary or any other pecuniary gain from the proceeds of any grant money arising from this application.
5. The details given in all sections of this application are true and correct to the best of our knowledge, and reasonable evidence has been provided to support our application.
6. We have the following set of internal controls in place:
  - Two signatories to all bank accounts (if applicable)
  - a regularly maintained and current cashbook or electronic equivalent
  - A person responsible for keeping the financial records of the organisation
  - A regularly maintained tax record (if applicable)
  - A regularly maintained PAYE record (if applicable)
  - The funding and its expenditure shown as separate entries in the cash book or as a note to the accounts
  - Tracking of different funding, e.g through a spreadsheet or journal entry
  - regular financial reporting to every full meeting of the governing body

#### **We agree to the following conditions if we are funded by Local Community Grant Funding:**

1. To uplift any funding granted within 3 months of the date of the letter of agreement. failure to do so will result in loss of the grant money.
2. To spend the funding within 12 months of the date of grant approval unless written approval for an extension is obtained from Council before that 12 month period ends.
3. To spend the funding only for the purpose(s) approved by the Far North District Council unless written approval for a change of purpose(s) is obtained **in advance** from the Community Board.
4. To return to the Far North District Council any portion of the funding that we do not spend. If our payment includes GST we will return the GST component of the amount to be returned.
5. To acknowledge the receipt of Community Board funds as a separate entry in our accounts, or in a note to our accounts, in our organisation's annual report.
6. To acknowledge any financial contribution from Far North District Council on signage and in any publicity relating to the project. Contact the Funding Team for digital imagery.
7. To make available any files or records that relate to the expenditure of this funding for inspection if requested by the Far North district Council or its auditors.
8. To complete and return a Project Report within **two months** of the end of the project, or, if the activity is ongoing, within two months of the funding being spent. Applicants who fail to provide a project report within this timeframe will not be considered for funding for stand-down period of five years.
9. To inform the Far North District Council of significant changes in our organisation before this application has been considered, or the funding has been fully used and accounted for (such as change in contact details, office holders, financial situation, intention to wind up or cease operations, or any other significant event).
10. To lay a complaint with the Police and notify the Far North District Council immediately if any of the funding is stolen or misappropriated.

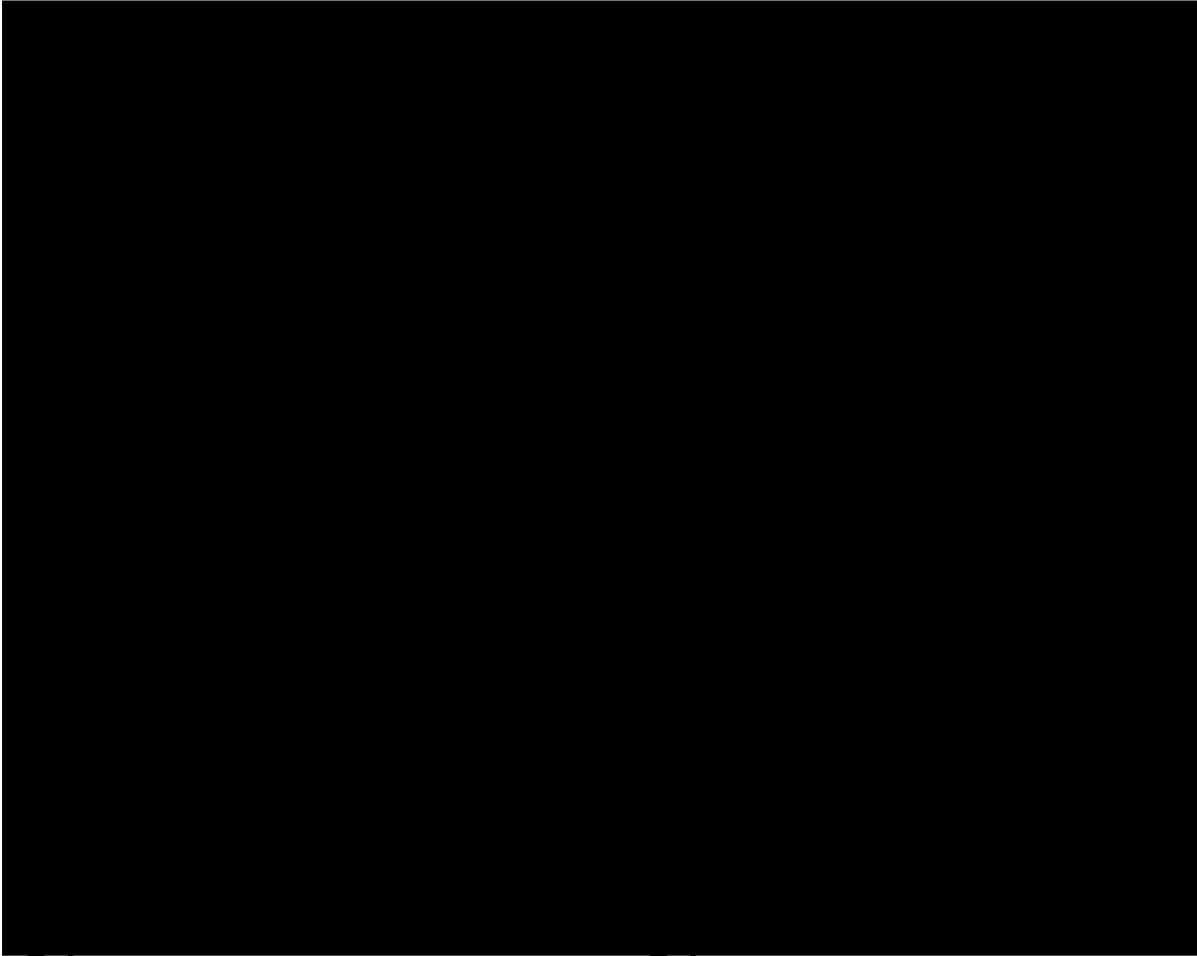
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### Signatures



**Date**

31/10/2024

Must be a date.

**Date**

31/10/2024

Must be a date.